

Daily Care Study Consent Form

Title of research study: Daily Care: A Daily Diary Study of Parenting in Heightened Sociocultural Contexts

Investigator: Keiana Mayfield, PhD, MSW

Key Information: The following is a short summary of this study to help you decide whether to be a part of this study. More detailed information is listed later on in this form.

Why am I being invited to take part in a research study?

We invite you to take part in a research study because you are a parent/caregiver of a 5 – 15-year-old child who lives in your home.

What should I know about a research study?

- Whether or not you take part is up to you.
- You can choose not to take part.
- You can agree to take part and later change your mind.
- Your decision will not be held against you.
- You can ask all the questions you want before you decide.

Why is this research being done?

The Daily Care Study is designed to increase our knowledge of how parents and caregivers navigate the highs and lows, successes and challenges associated with parenting in today's world. Parenting is hard under the best of circumstances and that does not take into consideration all the other demands of "adulting."

Parents and caregivers today have so many complicated social issues, events, and stressors to deal with that were not faced by prior generations of parents. The common reframe from elders of "that's not how we used to do it" or "I would never allow [insert something totally reasonable here] when my kids were young" has little bearing on today's parenting challenges.

This study is being conducted to increase our understanding of how today's parents manage the day-to-day responsibilities of taking care of a child between the ages of 5 to 15 years old. With this increased understanding, we hope to inform how to support parents, caregivers, and their children by learning from these day-to-day experiences.

How long will the research last and what will I need to do?

We expect that you will be in this research study for a total of 7 months; you will not be actively participating during that entire period.

If you agree to participate in the Daily Care study, you will be asked to complete a brief virtual screening, a baseline survey, 14 days of daily brief surveys completed in the evening, and a follow up survey 6 months later. Study participation can be completed from a location of your choosing, from your computer, tablet, or smartphone.

More detailed information about the study procedures can be found under ***"What happens if I say yes, I want to be in this research?"***

Is there any way being in this study could be bad for me?

This study is not designed to be harmful to you, but some questions about your mood, relationships, and perspectives may cause some discomfort. There is also always a small risk of a potential loss of confidentiality.

More detailed information about the risks of this study can be found under ***“Is there any way being in this study could be bad for me? (Detailed Risks)”***

Will being in this study help me in any way?

We cannot promise any immediate benefits to you or others from taking part in this research. However, possible benefits may include an increased awareness of your mood, parenting practices, and relationships with members of your family while participating in this study.

What happens if I do not want to be in this research?

Participation in research is completely voluntary. You can decide to participate, not participate, or discontinue participation at any time without penalty or loss of benefits to which you are otherwise entitled.

Your alternative to participating in this research study is to not participate.

Detailed Information: The following is more detailed information about this study in addition to the information listed above.

Who can I talk to?

If you have questions, concerns, or complaints, or think the research has hurt you, talk to the research team directly by emailing us at kmayfie@gmu.edu.

This research has been reviewed and approved by an Institutional Review Board (“IRB”). You may talk to them at 703-993-6801 or irb@gmu.edu if:

- Your questions, concerns, or complaints are not being answered by the research team.
- You cannot reach the research team.
- You want to talk to someone besides the research team.
- You have questions about your rights as a research subject.
- You want to get information or provide input about this research.

How many people will be studied?

We expect about 220 parents/caregivers will be enrolled in this research study from across the country (United States only).

What happens if I say yes, I want to be in this research?

Here is an overview of expected study participation:

1. If you agree to participate in the Daily Care study, you will need to sign this consent form. Next you will need to register for a brief, 5–10-minute virtual screening session.
 - Virtual screening sessions are a mandatory part of the enrollment process and help our research team verify your eligibility.
2. After the virtual screening, you will be sent an email about the status of your study enrollment.

- If you are eligible to participate, this email will include instructions about your next steps.
 - If you are not eligible for study participation, you will receive information about how any data you've provided will be handled.
3. Enrolled participants will complete a baseline survey within a week of receiving their enrollment verification.
- The baseline survey will ask questions about your background, family functioning, parent-child relationship, and your general experiences and perspectives; this survey should take no longer than 60 minutes. You do not need to complete this survey all at once, you can leave and come back to it whenever you want to take a break
 - This survey will remain available for 1 week, then its link will expire.
4. 3-5 days after submitting your baseline survey you will receive an email detailing when you start the 14-day daily diary portion of the study, 14 consecutive days of daily surveys that you will complete in the evenings. These surveys should take no longer than 10 minutes to complete; this survey will remain available for 12 hours, then its link will expire.
- It is important that you complete your daily surveys every day. If you miss 2 surveys in a row, a member of our research team will reach out to check in and remind you to complete your next survey.
 - If you miss 3 surveys in a row, you will be removed from the daily diary portion of the study.
5. You will receive your 6-month follow up survey 6 months after you receive your baseline survey. This survey should take no longer than 45 minutes. You do not need to complete this survey all at once, you can leave and come back to it whenever you want to take a break.
- This survey will remain available for 4 weeks, then its link will expire.
 - You will receive weekly email reminders about completing this survey during the 4-week period that it is available.

All study participation can be completed from a location of your choosing, using your computer, tablet, or smartphone.

What happens if I say yes, but I change my mind later?

You can leave the research at any time; it will not be held against you.

Data collected up to the point of your withdrawal will be included in datasets for future studies. You will not be identified; data is only reported in aggregate.

Is there any way being in this study could be bad for me? (Detailed Risks)

You may experience minor discomfort due to survey questions/items, specifically, but not limited to question/items regarding your mood, racial and/or political ideology, and family relationships. You are not required to respond to any survey questions/items that make you uncomfortable.

There is always a risk of a potential for loss of confidentiality. To minimize this risk, all study records are coded with a unique ID number, and identifying information will be stored in a separate data file from the survey responses to further promote protection of your identity.

What happens to the information collected for the research?

Efforts will be made to limit the use and disclosure of your personal information, including research study records, to people who have a need to review this information. We cannot promise complete secrecy. Organizations that may inspect and copy your information including the IRB and other representatives of this organization.

Participants may review the following websites for information about their privacy statements:

- Microsoft Teams: <https://privacy.microsoft.com/en-us/privacystatement>
- Qualtrics: <https://www.qualtrics.com/privacy-statement/>
- Redcap: <https://projectredcap.org/software/mobile-app/privacypolicy/>

While no computer transmission can be perfectly secure, reasonable efforts will be made to protect the confidentiality of your transmission.

The Institutional Review Board (IRB) committee that monitors research on human subjects may inspect study records during internal auditing procedures and are required to keep all information confidential.

There is one exception to confidentiality. It is our legal responsibility to report situations of suspected child abuse or neglect to appropriate authorities. Although we are not seeking this type of information in this study nor will you be asked questions about these issues, we will disclose them as required under the law if discovered.

Can I be removed from the research without my OK?

The person in charge of the research study can remove you from the research study without your approval. Possible reasons for removal include submitting invalid survey responses or failing to complete the baseline survey or 3 daily diary surveys in a row.

What else do I need to know?

If you agree to take part in this research study, we will pay you up to \$125 for your time and effort. You may also be entered into two different raffles, each for a \$150. All compensation for study participation will be received in the form of Tango Reward links, an online program that allows you to pick and choose how to receive your compensation from a 100+ popular digital gift cards, prepaid cards, and donations.

- You can receive a \$60 for the completing your baseline survey.
- You can receive up to a \$20 for your 14-day daily diary survey completion. *Participant compensation will vary as a function of their completion rates*
 - To receive \$10 for each week, you must complete each daily survey that week.
 - If you do not complete all 7 daily surveys in a week, you will be compensated at a rate of \$1/day for each survey completed.
- You will receive a \$45 for completing your 6-month follow up survey.

Compensation will typically be sent out within 1 week of specific component (baseline survey, 14 daily diary surveys, follow up survey) completion.

"Under the U.S. federal tax law you may have individual responsibilities for disclosing the dollar value of the incentive received on this study. Additionally, for certain studies, the research team will be collecting an informational tax form and reporting the income to the Internal Revenue Service (IRS) either on 1099-MISC, or on 1042-S tax form."

INFORMED CONSENT TO PARTICIPATE IN RESEACH

Your participation implies your voluntary consent to participate in this research. Please click whether you agree or disagree to continue with this study below. If you agree to participate, you will also be asked to provide an electronic signature indicating that you have received this information, and voluntarily choose to participate in this study. You will also be asked to provide basic contact information to begin the enrollment process. Finally, you will receive an email to register for your virtual screening session to complete the study enrollment process.

Your voluntary participation also indicates that you agree to allow your information to be used and shared as described above.